

# Light Urban Search and Rescue Training for Citizens



This is a skills training program designed to instruct participants in safe and effective methods for simple search and rescue. The class is a "hands-on" program that focuses on:

- Basic rescuer safety
- Five stages of rescue
- Search methods and markings
- First aid triage
- Basic construction practices
- Utility safety and control
- Safely lifting heavy objects

**Instructor:** Tony Bennett,  
a veteran Seattle firefighter

**For more information call:**  
206-233-7123

**Dates:**

February 17, 2007  
or  
May 5, 2007

**Time:** 9:00am—3:30pm  
(6 hour training plus 1/2 hour lunch)

**Location:**

Warren G. Magnuson Park  
7400 Sand Point Way NE  
(The old naval station)



**Important:**

**Please bring to class:**

- Hard hat—available at most hardware stores for \$7—10
- Leather work gloves
- Comfortable clothing and sturdy shoes—you'll be practicing on the floor
- Flashlight & batteries

**Space is very limited. Register early!**

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**To reserve your space:**

- Complete the registration information
- Select the date you prefer
- Make your check for \$25.00 payable to **Anthony Bennett**
- Mail check and registration to :  
**City of Seattle**  
**Office of Emergency Management**  
**Attn: Elizabeth Mash**  
**2320 — 4th Ave**  
**Seattle, WA 98121**

**Registration Information**

Name _____	<b>Choose Either:</b>
Address _____	<input type="checkbox"/> February 17, 2007
_____	or
_____	<input type="checkbox"/> May 5, 2007
_____	<b>Class Fee: \$25.00</b>
Phone _____	<b>Please make your check payable to Anthony Bennett</b>
E-mail _____	

**Please Note:**

- We will e-mail you a confirmation notice with driving instructions, parking suggestions and classroom directions.
- We require a 3-day cancellation notice. **If you cancel after this time, you will forfeit your registration fee.**